

## 2026 Social Security and SSI Changes

SSI Payment Rates for New York		2025	2026
Living Alone		\$1,054.00	\$1,081.00
Living with others		\$ 990.00	\$1,017.00
Living in the household of another		\$ 667.67	\$ 685.67
Couple		\$1,554.00	\$1,595.00
Social Security Disability Thresholds		2025	2026
Substantial Gainful Activity (SGA)	Non-Blind	\$1,620/mo.	\$1,690/mo.
	Blind	\$2,700/mo.	\$2,830/mo.
Trial Work Period (TWP)		\$1,160/mo.	\$1,210/mo.
SSI Student Exclusion Limits		2025	2026
Monthly Limit		\$2,350	\$2,410
Annual Limit		\$9,460	\$9,730
Section 1619(b) Eligibility Threshold		2025	2028
Base Amount (NY State)		\$26,316	\$26,964
Title 19 or Medicaid Amount (NY State)		\$37,701	\$41,690
Threshold (NY State)		\$64,017	\$68,654
Medicare Premium and Deductible Rates		2025	2026
<b>Part B Premium (in most cases)</b>		\$185.00	\$202.90*
<b>Part A Deductible</b>		\$1,676	\$1,736

- *Part A deductible is only cost for up to 60 days of Medicare-covered inpatient hospital care. For extended hospital stays, beneficiaries must pay an additional \$434 per day for days 61 through 90 in 2026, and \$868 per day for hospital stays beyond the 90th day in a benefit period.*
- *\*Although most beneficiaries will pay up to \$202.90 for Part B in 2026, some premiums will be lower due to a “hold harmless” provision to prevent overall reduction of the Social Security benefit. A small number of beneficiaries — individuals with income exceeding \$109,000 and married couples exceeding \$218,000 — will pay a higher Part B premium based on their income.*
- *For help paying for Part B premiums, copays, and deductibles, see our “Medicare Savings Programs” at a glance document on the [www.nls.org](http://www.nls.org) website.*

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